



# FORKLIFT & PALATE™

## SHARED BITES

### CHICKEN WINGS • \$16

Blackberry Habanero BBQ | House | Hot | Garlic Parmesan | Old Bay  
| Thai Chili Sauce | Alabama White BBQ | Miso Black Garlic  
Add Celery • \$1 | Bleu Cheese or Ranch • \$0.50

### NACHOS • \$13 V GF

Cheddar Jack | Queso Blanco | Diced Tomato | Jalapeño | Red Onion |  
Cilantro | Side Salsa & Sour Cream  
Add: Guacamole or Pulled Pork • \$5 | Chicken or Seasoned Beef • \$7

### MEXICAN STREET CORN DIP • \$11 V GF

Cotija | Green Chiles | Cilantro | Corn Tortilla Chips

### FRIED POPCORN SHRIMP • \$15

Sweet Thai Chile | Jalapeno Aioli | Scallions

### SQUEAKY CHEESE • \$11 V

Cheddar Cheese Curds | Marinara

### CRISPY EDAMAME POTSTICKERS • \$13 V

Miso Black Garlic Sauce | Sesame Seeds | Scallions

### CHICKEN QUESADILLA • \$15

Cheddar Jack | Guacamole | Diced Tomato | Bacon | Side Ranch &  
Salsa

### BURGERDILLA • \$13

Seasoned Ground Beef | Secret Sauce | American | Diced Tomato |  
Red Onion | Pickles

### VEGGIE QUESADILLA • \$15 V

Cheddar Jack | Zucchini & Yellow Squash | Roasted Corn | Shiitake  
Mushrooms | Red Onion | Side Chipotle Ranch & Salsa

## SOUPS & SALADS

### TOMATO BISQUE • \$7 Cup | \$9 Bowl V GF

### SOUP DU JOUR • \$7 Cup | \$9 Bowl

### ANCIENT GRAIN BOWL • \$15 V GF

Beets | Cipollini Onion | Pea Shoots | Shiitake Mushrooms |  
Edamame & Corn | Lemon White Balsamic

### SUMMER SPINACH SALAD • \$15 V GF

Bleu Cheese | Strawberries | Candied Pecans | Red Onion | Poppy  
Seed Dressing

### WARE "HOUSE" SALAD • \$11 V

Arcadian | Diced Tomato | Red Onion | Cheddar Jack | Cucumber |  
Sourdough Croutons | Lemon White Balsamic

### FORKLIFT CAESAR SALAD • \$13

Romaine | Shaved Parmesan | Bacon | Hard Egg | Sourdough  
Croutons

### BEET & ARUGULA SALAD • \$15 V GF

Whipped Goat Cheese | Green Apple | Pistachios | Radish | Lemon  
White Balsamic

### KARATE CHOPPED SALAD • \$13 V

Romaine | Cabbage | Carrots | Scallions | Mandarin Orange |  
Almonds | Chow Mein Noodles | Sesame-Ginger Dressing

Add a protein: Veggie Burger: \$5

Burger\*, Chicken, Shrimp, or Turkey Burger: \$7

Salmon\* or Steak\*: \$11

## KIDS MENU

Chips or Musselman's Applesauce are included with all kid's meals.  
Upgrade to fries for \$2

### KIDS NOODLES • \$9 V

Choice of marinara or butter.

### MAC & CHEESE • \$9 V

Cavatappi in a traditional cheese sauce.

### TENDERS & FRIES • \$11

Chicken tenders served with honey mustard.  
Toss in choice sauce • \$1

### HOT DOG • \$8

All beef hot dog served on a split roll.

### FISH 'N CHIPS • \$10

Haddock fried in our signature batter  
until golden brown.

### GRILLED CHEESE • \$9 V

Toasted sourdough with American  
cheese.

### KID'S CHEESBURGER\* • \$11

A burger slider topped with American  
cheese.

Some items can be made gluten friendly with  
slight alterations upon request.

**All minors must be accompanied by an adult.**

20% gratuity will be automatically added to  
parties of 6 or more. We are unable to split  
individual checks for parties larger than 8.

V = Vegetarian

GF = Gluten Friendly

*\*Consuming raw or undercooked meats, poultry, seafood,  
shellfish, or eggs may increase your risk of foodborne illness.*

*Please be aware that our restaurant offers products with  
peanuts, tree nuts, soy, milk, eggs and wheat. While we take  
steps to minimize the risk of cross-contamination, we cannot  
guarantee that any of our products are safe to consume for  
people with these allergies.*





# FORKLIFT & PALATE™

## HANDHELDS

Chips are included with all sandwiches & handhelds. Upgrade to fries for \$2

### CHEESEBURGER\* • \$15

Country White Roll | American | Lettuce | Tomato | Red Onion | Pickles

### PALATE BURGER\* • \$16

Country White Roll | American | Candied Bacon | Caramelized Onion | Secret Sauce | Lettuce | Tomato | Pickles

### GREEN CHILE BURGER\* • \$16

Country White Roll | Cheddar | Green Chilies | Jalapeno Aioli | Lettuce | Tomato | Red Onion | Pickles

### GRILLED CHICKEN SANDWICH • \$16

Country White Roll | Smoked Gouda | Black Garlic Aioli | Bacon | Arugula | Caramelized Onion

### SOUTHERN FRIED CHICKEN SANDWICH • \$14

Country White Roll | Alabama White BBQ Sauce | Coleslaw | Pickles  
Toss in choice sauce • \$1

### ROASTED TURKEY WRAP • \$14

Flour Tortilla | Cheddar Jack | Guacamole | Lettuce | Diced Tomato | Chipotle Ranch

### CHICKEN CAESAR WRAP • \$13

Flour Tortilla | Romaine | Parmesan | Diced Tomato | Caesar

### LEMON DILL TUNA SALAD WRAP • \$14

Flour Tortilla | Albacore Tuna | Baby Spinach | Sun-Dried Tomato & Olive Tapenade

### VEGGIE "SMASH" • \$15

Plant-Based Patty | Country White Roll | Cheddar | Smash Sauce | Lettuce | Tomato | Onions | Pickles

### REUBEN • \$15

Marble Rye | Corned Beef | Swiss | Lager Braised Kraut | Russian Dressing

### RACHEL • \$14

Marble Rye | Roasted Turkey | Swiss | Cole Slaw | Russian Dressing

### PULLED PORK SANDWICH • \$13

Country White Roll | Blackberry Habanero BBQ | Pickles

## ENTREES

### 10 OUNCE NEW YORK STRIP\* • \$35

Mashed Potatoes | Seasonal Vegetable | Chimichurri | Red Wine Sauce | Onion Rings

### PAN ROASTED SALMON\* • \$25

Ancient Grains | Edamame & Roasted Corn | Shiitake Mushrooms | Charred Green Onion Vinaigrette

### JAMBALAYA PASTA • \$23

Blackened Chicken | Shrimp | Andouille Sausage Creole | Penne | Scallions

### GRILLED CHICKEN PICCATA • \$21

Mashed Potatoes | Seasonal Vegetable | Lemon-Caper Butter Sauce

### FISH 'N CHIPS • \$19

Beer Battered Haddock | French Fries | Malt Vinegar Aioli | Cole Slaw | Pickles | Grilled Lemon

### RISOTTO PRIMAVERA • \$19

Asparagus | Peas | Carrots | Zucchini & Yellow Squash | Parmesan  
Add a protein: Veggie Burger: \$5  
Burger\*, Chicken, Shrimp, or Turkey Burger: \$7  
Salmon\* or Steak\*: \$11

### TENDERS & FRIES • \$16

Homestyle Breaded | Honey Mustard  
Toss in choice sauce • \$1

### MAC 'N CHEESE • \$16

Smoked Gouda Cheese Sauce | Cavatappi Pasta | BBQ Pulled Pork | Toasted Panko | Scallions

## DESSERTS

### CHEESECAKE • \$8

### CHOCOLATE TORTE • \$8

### FOX MEADOWS CREAMERY ICE CREAM

Madagascan Vanilla, Wilbur Bud Chocolate • \$6  
Seasonal Flavor • Market Price

### SEASONAL DESSERT • Market Price